

Natural Senses and Sensitivities

Source: Michael J. Cohen (2007) *Reconnecting With Nature - Finding wellness through restoring your bond with the Earth*. Third Edition. Ecopress.

1-9: The Radiation Senses

10-18: The Feeling Senses

19-24: The Chemical Senses

25-53: The Mental Senses

1. Sense of light and sight, including polarized light.
2. Sense of seeing without eyes such as heliotropism or the sun sense of plants.
3. Sense of color.
4. Sense of moods and identities attached to colors.
5. Sense of awareness of one's own visibility or invisibility and consequent camouflaging.
6. Sensitivity to radiation other than visible light including radio waves, x-rays, etc.
7. Sense of temperature and temperature change.
8. Sense of season including ability to insulate, hibernate, and winter sleep.
9. Electromagnetic sense and polarity, which includes the ability to generate current (as in the nervous system and brain waves) or other energies.
10. Hearing including resonance, vibration, sonar, and ultrasonic frequencies.
11. Awareness of pressure, particularly underground, underwater, and to wind and air.
12. Sensitivity to gravity.
13. The sense of excretion for waste elimination and protection from enemies.
14. Feel, particularly touch on the skin.
15. Sense of weight, gravity and balance.
16. Space or proximity sense.
17. Coriolis sense or awareness of effects of the rotation of the Earth.
18. Sense of motion, body movement sensations, and sense of mobility.
19. Smell with and beyond the nose.
20. Taste with and beyond the tongue.
21. Appetite or hunger for food, water, and air.
22. Hunting, killing or food obtaining urges.
23. Humidity sense including thirst, evaporation control, and the acuen to find water or evade a flood.
24. Hormonal sense, as to pheromones and other chemical stimuli.
25. Pain, external and internal.
26. Mental or spiritual distress.
27. Sense of fear, dread of injury, death, or attack.
28. Procreative urges, including sex awareness, courting, love, mating, raising young.
29. Sense of play, sport, humor, pleasure, and laughter.
30. Sense of physical place, navigation senses including detailed awareness of land and seascapes, of the positions of the sun, moon and stars.
31. Sense of time.
32. Sense of electromagnetic fields.
33. Sense of weather changes.
34. Sense of emotional place, of community, belonging, support, trust and thankfulness.
35. Sense of self, including friendship, companionship, and power.
36. Domineering and territorial sense.
37. Colonizing sense including receptive awareness of one's fellow creatures, sometimes to the degree of being absorbed into a super organism.
38. Horticultural sense and the ability to cultivate crops, as is done by ants that grow fungus, by fungus who farm algae, or birds that leave food to attract their prey.
39. Language and articulation sense, used to express feelings and convey information in every medium from the bee's dance to human literature.
40. Sense of humility, appreciation, and ethics.
41. Senses of form and design.
42. Reasoning, including memory and the capacity for logic and science.
43. Sense of mind and consciousness.
44. Intuition or subconscious deduction.
45. Aesthetic sense, including creativity and appreciation of beauty, music, literature, form, design, and drama.
46. Psychic capacity such as foreknowledge, clairvoyance, clairaudience, psychokinesis, astral projection, and possibly certain animal instincts and plant sensitivities.
47. Sense of biological and astral time, awarness of past, present, and future events.
48. The capacity to hypnotize other creatures.
49. Relaxation and sleep including reaming, meditation, and brain wave awareness.
50. Sense of pupation including cocoon building and metamorphosis.
51. Sense of excessive stress and capitulation.
52. Sense of survival by joining a more established organism.
53. Spiritual sense, including conscience, capacity for sublime love, ecstasy, a sense of sin, profound sorrow, and sacrifice.